

Human Nutrition and Food Science

HNFS 163

Monique Gibson, MD

Goal/ objective: To become familiar with the functions, sources and illnesses associated with specific nutrients, as well as the potential influence of eating behaviors on the individual as well as on society.

Syllabus

Week 1 Introduction

Week 2 Basic chemistry/metrics

Week 3 Digestion/ Reading Labels

Week 4 Carbohydrates

Week 5 Proteins Week 6 Lipid

Week 7 Mineral Week 8 Vitamins Week 9 Metabolism

Week 10 Guest Instructor

Week 11 Guest Instructor

Week 12 Metabolism

Week 13 Nutritional Needs

Week 14 Review Week 15 Review Week 16 Finals

Grading

25% Attendance 50% In class quiz 25% Final

The above syllabus is subject to change at the discretion of the instructor

Statement Regarding Academic Misconduct:

Any student found guilty of academic misconduct shall be subject to disciplinary action. Academic misconduct includes, but is not limited to, the following actions: CHEATING; PLAGIARISM; UNAUTHORIZED POSSESSION OF EXAMINATIONS, RESERVE LIBRARY MATERIALS OR LABORATORY MATERIALS; UNAUTHORIZED CHANGING OF GRADES ON AN EXAMINATION, INSTRUCTORS GRADE BOOK OR GRADE REPORT; NONDISCLOSURE OR MISREPRESENTATION IN FILLING OUT APPLICATIONS OR OTHER COLLEGE RECORDS. The following disciplinary actions and sanctions may be imposed for any of the above infractions of regulations: disciplinary probation, disciplinary suspension, dismissal, and expulsion.

Americans with Disabilities Act (ADA)

If you have, or believe you have, a disability and would benefit from any accommodation(s), you may wish to register with the Student Services Office on the first floor of Martinez Hall. All medical information will be treated confidentially.

After you have registered, please make sure that Dr Harry Sheski C.A.O. receives a copy of the accommodation memorandum from Student services within the first two weeks of class. It will be the student's responsibility to inform Dr Harry Sheski C.A.O. or the office of Student Services in a timely manner if services/accommodations provided are not meeting your needs.

If you have a condition that may affect your ability to exit safely from the premises in an emergency or that may cause an emergency during class, you are encouraged to discuss any concerns with Ms. Irene Charles-Lutz; Campus Student Services Officer at 2876629, or Ms. Elva G. Telles, NMSU EEO/ADA Director at 505-646-3333

Feel free to call Ms. Irene Charles-Lutz; Campus Student Services Officer at 287-6629, or Ms. Elva G. Telles, NMSU EEO/ADA Director at 505-646-3333 with any questions about the

Americans with Disabilities Act (ADA), and/or Section 504 of the Rehabilitation Act of 1973.

The instructor may modify this syllabus to meet the needs of a particular Class.